Uplift Each Other

Your words have power - contribute in creating a healing environment by sharing your wisdom and support with each other. Share what helps you stay positive - it could be expressed in words of gratitude, inspiring quotes and empowering wishes for your community.

(Once the sheet is filled-in, you could send a photo of it to **inspire@LucidGaia.com** and your healing words will be used for a collective art project and will reach more people.)